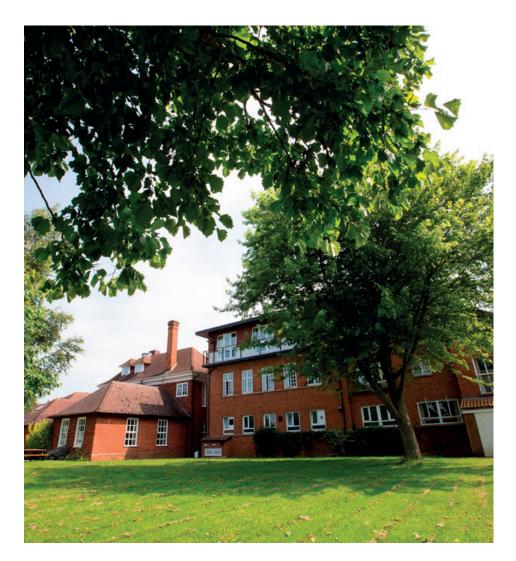
Oakham School

Oakham









Duration: 2 weeks

Location: Oakham (boys only) Lessons: 15 hours of English lessons per week based around soccer Coaching: 20 hours of soccer coaching per week



Arsenal Soccer Schoo

Ages: 10-17 (individuals)

Course Dates: 2 July to 30 July

Course Provider:
Stafford House Summer



The accommodation

| Total Capacity | 250 | Television lounge | Ø |
|-----------------|----------|---------------------------------------|----------|
| Ensuite | 8 | Kitchen for Group Leader use | 8 |
| Standard | ⊘ | Laundry - service wash | 8 |
| Single | 8 | Laundry - self service machines | ✓ |
| Twin | ⊘ | WiFi access | ✓ |
| Multi-bed | Ø | Computer Room | |
| Towels provided | 8 | Max. ratio of showers/toilets to beds | 1:6 |
| Common room | ⊘ | | |

Centre Highlights

- Beautiful boarding school in the town centre
- Situated in a picturesque market town, in the countryside near Cambridge
- Shops and cafes nearby
- Excellent sports facilities

OAKHAM: Oakham School



Public transport information:

- Nearest airports: Birmingham International (105km), Stansted (130km), Heathrow (180km)
- Nearest rail station: Oakham
- Walking distance from station to school

Arsenal Soccer School

| DAY | 09.00-12.00 | 14.00-17.30 | 18.30-20.30 | 20.30-22.30 | |
|-----|--|-----------------------------------|---|------------------------------------|--|
| Sun | Arrival and Local Orientation | | Welcome Evening & Ice Breaker Activities | | |
| Mon | Soccer Coaching | Placement Test & Induction Lesson | Soccer Seminar | Join Classic Evening Activities | |
| Tue | Soccer Coaching | English Lessons | Soccer Skills Session | | |
| Wed | Soccer Coaching | English Lessons | Soccer Seminar | | |
| Thu | Soccer Coaching | English Lessons | Soccer Skills Session | | |
| Fri | Soccer Coaching | English Lessons | Beach Party Disco or Sports | | |
| 0-+ | I. cluded Full Day Excursio. : Lo. do. , Walki. g Tour & | | Chill Out Eve. i. g i. cludi. g Films, Popcor. & Board | | |
| Sat | Emirates Stadium Tour | | Games | | |
| Sun | O. site Activities e.g. British Sports Day, or Optio. al Full Day Excursio. (at extra cost) | | British Culture Eve. i. g | | |
| Mon | Soccer Coaching | English Lessons | Soccer Seminar | Join Classic Evening Activities | |
| Tue | Soccer Coaching | English Lessons | Soccer Skills Session | | |
| Wed | Soccer Coaching | English Lessons | Soccer Seminar | | |
| Thu | Soccer Coaching | English Lessons | Soccer Skills Session | | |
| Fri | Soccer Coaching | English Lessons | Masked Ball D | Disco or Sports | |
| Sat | I. cluded Full Day Excursio. e.g. Brighto. , Cambridge or Oxford | | Chill Out Eve. i. g i. cludi. g Films, Popcor. & Board Games | | |
| Sun | Departure | | | | |

Summary

A unique programme delivered using Arsenal Soccer Schools' teaching philosophy.

- Full-day Excursion to Emirates Stadium in London.
- Free kit pack with Arsenal Soccer School shirt, shorts and socks included.

The programme includes soccer seminars about subjects such as diet and nutrition, psychology, team tactics, formations and what makes a great player.

This course is open to fans of all clubs and students of all abilities. All coaches are UEFA qualified and trained by Arsenal Soccer Schools.



HKIES

Overseas Education Centre

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2264 8990 www.hkies.com.hk

Email: summer@hkies.com.hk Licence no. 353246





Centre Facilities

- Astroturf sports pitches
- Extensive sports fields
- Two sports halls
- Indoor swimming pool
- · Tennis and squash courts

The Language Course

- Tuition will focus on spoken communication and will be based on a syllabus especially designed for those with an interest in soccer.
- A dedicated coursebook will be used specifically designed for those wishing to communicate with players, coaching staff, journalists, agents and fans.
- Lessons will cover vocabulary for use on the pitch and in commentaries.
- In additional to formal language input the course will involve pair and group work as well as role plays and opportunities to use the language practically.

The Coaching Course

- This programme gives students an opportunity to improve their soccer skills under the guidance of specialist Arsenal football coaches.
- Coaching sessions are carried out in small groups and aim to develop the players in the tried and tested "Arsenal Way"
- Physical skills will include: passing and moving, speed agility and quickness, shooting and heading and attack and defence.
- Teamwork skills will also be developed with areas such as communication, spatial awareness, movement and vision and adaptability and cover.

The Training Methodology Course

- A series of seminars will allow students to develop extensive knowledge of areas surrounding the game.
- Topics such as diet and nutrition, team tactics and formations, psychology and What Makes A Great Player will be explored